

Self-Care for the Healthcare Professional

College of
Eastern Idaho

1600 S 25th E, Idaho Falls, ID
83404
Building 6, room 151-152

**April 4th & 5th
2025**

IDAHO | Society of
Medical Assistants
AN AFFILIATE OF THE
AMERICAN ASSOCIATION OF MEDICAL ASSISTANTS

State Conference

Friday - Registration 5-6:30pm 2 CEUs

**6:30pm - Sara Brown- Diabetes Basics:
Better understanding for the Patient
Experience**

Saturday - Registration 7-8am 6 CEUs

8am - Taylor Smith PAC- Hormone replacement therapy

**9am - Shannon Havins PDH- Rethinking Care: Imaging a
new paradigm for healthcare through the lens of
Parkinson's Care**

**10am - Michelle Smith BSN, MSN, NP- Lifestyle
Medicine; what it is and why it's important**

**11am - Meihsy Killian Aesthetician- Beauty
Health/wellness/Aesthetics**

12-2pm - lunch and Meeting

**2-4pm - Angela Saver and Lori Barber - Mindfulness,
meditation, and Gentle Movement**